# CURRICULUM VITAE

**PERSONAL INFORMATION**

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# ACADEMIC QUALIFICATION

# 2019-2021 Post Doctorate (Senior Research Visiting Fellowship), Leeds Institute of

# Health Sciences, University of Leeds, UK

2008 Ph. D in Clinical Psychology, Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan

1998 – 2000 Advanced Diploma in Clinical Psychology (got 2nd position) from Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan

1994 – 1997 Master’s in Applied Psychology (1st Division) from Department of Applied Psychology, University of the Punjab, Lahore, Pakistan

1991 – 1994 B.A. (1st Division) from Lahore College for Women, Lahore, Pakistan

# TEACHING EXPERIENCE

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| **Duration** | **Designation** | **Institution** |
| Feb, 2021 todate | Professor | Centre for Clinical Psychology,  University of the Punjab, Lahore. |
| April, 2015 Jan, 2021 | Associate Professor | Centre for Clinical Psychology,  University of the Punjab, Lahore. |
| Dec, 2008 Apr, 2015 | Assistant Professor | Centre for Clinical Psychology,  University of the Punjab, Lahore. |
| Aug, 2000 – Nov, 2008 | Lecturer | Centre for Clinical Psychology,  University of the Punjab, Lahore. |
| Dec, 99 - Aug, 2000 | Research Scholar | Centre for Clinical Psychology,  University of the Punjab, Lahore. |

**Consultant Clinical Psychologist at Centre for Clinical Psychology, University of the Punjab, Lahore since 2000.**

# General Secretary, Pakistan Association of Clinical Psychologist (Regd.) since March, 2020

**CLINICAL SUPERVISION**

Supervision of Advanced Diploma Students for Drug Addiction Placement at Punjab Institute of Mental Health, Lahore (Formerly Government Hospital for Psychiatric Diseases, Lahore), the largest Residential Facility for Psychiatric Patients offered by Government of the Punjab (Province of Pakistan).

Supervision of Advanced Diploma Students for Rehabilitation of Chronic Patients of Schizophrenia at Fountain House, a well known Private Psychiatric Residential Facility in the City of Lahore, Punjab, Pakistan.

Supervision of Advanced Diploma Students of Community Mental Health Programme for the Rehabilitation of Chronic Patients of Schizophrenia at Punjab Institute of Mental Health, Lahore (Formerly Government Hospital for Psychiatric Diseases, Lahore), the largest Residential Facility for Psychiatric Patients offered by Government of the Punjab (Province of Pakistan).

# Other Formal Trainings and Education

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| **No** | **Name & Place** | **Type of Training** | | | **Duration** |
| 1 | Faculty Development Workshop Series organized by Academic Staff Association, University of the Punjab,  Lahore. | Training Workshops | | | 17th June, 1997 to 20th June, 1997 |
| 2 | Annual Training Course organized by Department of Psychiatry, King Edward Medical College & Mayo Hospital, Lahore. | Recent Advances  in Psychiatry | | | 25th May, 1998 to 30th May, 1998 |
| 3 | Training Course sponsored by University of Missouri – Columbia, International Centre for Psycho-social Trauma (ICPT), organized by Fountain House, Lahore. | Training Course in Trauma Psychology | | | January, 2000 |
| 4 | Information Technology Workshops: SPSS organized by Human Resource Development Centre, University of the Punjab, Lahore. | Training Workshop | | | 13th August, 2002 to 3rd September, 2002 |
| 5 | Evaluation of PANSS (Positive Negative Syndrome Scale), sponsored by Janssen-Cilag organized by Department of Psychiatry, Services Hospital, Lahore. | Training Session | | | 16th April, 2003 |
| 6 | The Status of Psychology‟ in Pakistan held at Bara Gali, organized by Department of Psychology, University of Peshawar. | Workshop & Seminars | | | 27th July, 2003 to 31st July, 2003 |
| 7 | HRDC Faculty Development Workshop Series organized by Institute of Administrative Sciences, University of the Punjab, Lahore. | | Workshop Series | 26th February, 2005 to 28th February, 2005 | |
| 8 | Role of Women in Drug Abuse Prevention organized by Anti Narcotics Force, Punjab in Collaboration with Narcotics Affairs Section, U.S. Embassy, Islamabad. | | Workshop | 15th April, 2005 to 16th April, 2005 | |
| 9 | Mapping Techniques jointly organized by Canada – Pakistan HIV / AIDS Second Surveillance Project (HASP), National AIDS Control Programme (NACP) & Punjab AIDS Control Programme at Avari Hotel, Lahore. | | Workshop Series | 2nd August, 2006 to 5th August, 2006 | |
| 10 | Report Writing jointly organized by Canada – Pakistan HIV / AIDS Second Surveillance Project (HASP), National AIDS Control Programme (NACP) and Punjab AIDS Control Programme at  Holiday Inn, Islamabad. | | Workshop Series | 3rd October, 2006 to 4th October, 2006 | |
| 11 | Integrated Biological and Behavioural Surveillance (IBBS) jointly organized by Canada – Pakistan HIV / AIDS Second Surveillance Project (HASP), National AIDS Control Programme (NACP) and  Punjab AIDS Control Programme at Avari Hotel, Lahore. | | Workshop Series | 7th November, 2006 to 10th November, 2006 | |
| 12 | Research Methodology: From Ideas to Publication organized by World Psychiatric Association (WPA), Zone-15 in collaboration with Pakistan Psychiatric Research Centre (PPRC), World Federation for Mental Health (WFMH), South Asian Forum (Pakistan Chapter) & Pakistan Psychiatric  Society (PPS). | | Workshop | 24th November, 2007 | |
| 13 | CBT for Anxiety Management Using a Manual organized by World Psychiatric Association (WPA), Zone-15 in collaboration with Pakistan Psychiatric Research Centre (PPRC), World Federation for Mental Health (WFMH), South Asian Forum (Pakistan Chapter) & Pakistan Psychiatric Society (PPS). | | Workshop | 25th November, 2007 | |
| 14 | Seminar on Research Methods by Dr. John Rose, University of Birmingham, UK organized by Government College University, Lahore under  HEC – BC Academic Link Activities. | | Workshop | 24th April, 2007 | |
| 15 | Seminar on Intervention for Learning Disability & Dementia by Dr. Jan Oyebode & Dr. John Rose, University of Birmingham, UK organized by Government College University, Lahore under HEC – BC Academic  Link Activities. | | Workshop | 25th April, 2007 | |
| 16 | Rorschach Comprehensive System conducted by Dr. Ana Maria Tuset Bertran From University of Barcelona, Spain organized by Frontier Women  University, Peshawar. | | Workshop Series | 27th to 30th November, 2007 | |
| 17 | Imagery in Clinical Practice by Dr. Jan Taal, Imagery Expert, Netherlands organized by Centre for Clinical Psychology, University of the Punjab, Lahore. | | Training Workshop | 20th to 28th February, 2008 | |
| 18 | Faculty Orientation Program, 2008 organized by Human Resource Development Centre, University of the Punjab, Lahore. | | Workshop Series | 23rd May, 2008 | |
| 19 | Strategic and Provocative Treatment of Anxiety Disorders organized by Psychoz Publications, Melbourne, Australia. | | Training | 29th to 30th May, 2009 | |
| 20 | Eidetic Model of Growth in People with Intellectual Disability and Associated Issues by Dr. Akhtar Ali Syed, Principal Clinical Psychologist, Brothers of Charity Services, Ireland organized by Government College University, Lahore. | | Training Workshop | 15th to17th December, 2009 | |
| 21 | Primary Certification in REBT organized by PACP and Centre for Clinical Psychology, University of the Punjab, Lahore. | | Certification | 19th to 21st December, 2011 | |
| 22 | Indigenous on-Campus training Program for Management Team organized by University of the Punjab and Higher Education Commission, Islamabad. | | Training | 1st to 5th December, 2014 | |
| 23 | Humanity, Altruism & Citizenship in Pakistan organized by Ministry of Human Rights and University of the Punjab, Lahore. | | Training of Trainers | 23rd to 25th August, 2017 | |
| 24 | Cognitive Behavior Therapy by Dr. David Kingdon, University of Southhamptom organized by Centre for Clinical Psychology, University of the Punjab, Lahore. | | Training Workshop | 19th to 20th June, 2019 | |
| 25 | Eidetic Psychotherapy by Dr. Akhtar Ali Syed, Principle Clinical Psychologist, Brothers of Charity Services, Ireland organized by Centre for Clinical Psychology, University of the Punjab, Lahore. | | Training Course | 7th to 10th November, 2021 | |

# RESEARCH PUBLICATIONS IN JOURNALS

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| **S.#** | **Research Paper** | **Name of Journal** | **Vol/**  **Issue** | **Year** | **Category** |
| 1 | Impact of Females Education on their Marital Adjustment | Pakistan Journal of Psychology (PJP) | 28 (1-4) | 1997 | Y |
| 2 | Socio-economic Status: A Factor in Marital Adjustment | Pakistan Journal of Psychology (PJP) | 31 (1-2) | 2000 | Y |
| 3 | Development of an Indigenous Scale for Emotional Intelligence | Pakistan Journal of Psychology (PJP) | 38 (2) | 2007 | Y |
| 4 | Level of Frustration Tolerance and its Relationship with different Psychopathologies | Pakistan Journal of Psychology (PJP) | 40 (1) | 2009 | Y |
| 5 | Standardization of Symptom  Checklist-R on Psychiatric and Non Psychiatric Population of Lahore city | Pakistan Journal of Clinical Psychology (PJCP) | 8 (2) | 2009 | Z |
| 6 | Personality Traits of Prison Inmates and their vulnerability towards  different Psychopathologies | Pakistan Journal of Clinical Psychology (PJCP) | 10 (2) | 2011 | Z |
| 7 | Efficacy of Behavior Therapy in the Treatment of Obsessive Compulsive Disorder | Pakistan Journal of Clinical Psychology (PJCP) | 12 (1) | 2013 | Y |
| 8 | Religiosity and Subjective Well Being amongst Institutionalized Elderly in Pakistan | Health Promotion Perspectives | 3(1) | 2013 | IF = 1.73 |
| 9 | Is Religion a Buffer against Psychopathology? | Pakistan Journal of Clinical Psychology (PJCP) | 12 (2) | 2013 | Y |
| 10 | Tolerance towards Frustration, Self  Esteem, Anxiety and Depression in Physically Disabled Individuals | Pakistan Journal of Social and Clinical Psychology (PJSCP) | 11(2) | 2013 | Y |
| 11 | Personality Correlates of Runaway Women and their Vulnerability towards Depression | Pakistan Journal of Psychology (PJP) | 44 (2) | 2013 | Y |
| 12 | Review of Diagnostic and Statistical Manual of Mental Disorders (DSM-5) | Journal of Arts and Social Sciences | 1 (2) | 2014 | Y |
| 13 | Preliminary evaluation of culturally adapted CBT for psychosis (CA-CBT): Findings from Developing Culturally-  Sensitive CBT Project (DCCP) | Behavioral and Cognitive Psychotherapy, UK | 43 (2) | 2015 | IF = 2.279 |
| 14 | Major Depression in Jalal Pur Jattan, District Gujrat, Pakistan: Prevalence and Gender Differences | Journal of Pakistan Medical Association | 65 (3) | 2015 | IF = 0.781 |
| 15 | Personal Values in relation to parental relationship and Vulnerability towards  Psychopathology | Pakistan Journal of Psychology (PJP) | 46 (1) | 2015 | Y |
| 16 | The Epidemiology of Poly  Victimization in Pakistan | Journal of Behavioral  Sciences (JBS) | 25 (1) | 2015 | X |
| 17 | Spiritual Well Being and Coping Styles in relation to Psychological Well Being of Adolescents | Pakistan Journal of Social and Clinical Psychology (PJSCP) | 13 (2) | 2015 | Y |
| 18 | Attachment Orientation, Obsessive Beliefs and Symptoms severity in patients with Obsessive Compulsive Disorders | Pakistan Journal of Psychological Research (PJPR) | 30 (2) | 2015 | X |
| 19 | Obsessive Beliefs in patients with Obsessive Compulsive disorder: The role of Attachment Styles | Journal of Pakistan Psychiatric Society (JPPS) | 13 (3) | 2016 | Y |
| 20 | Caregiver Burden, Quality of Life, and Vulnerability towards Psychopathology in Caregivers of Patients with Dementia/Alzheimer’s  Disease | Journal of the College of Physicians and Surgeons, Pakistan | 26 (11) | 2016 | (W)  IF= 0.711 |
| 21 | Psychosocial Predictors of  Posttraumatic Growth in Patients after Myocardial Infarction | Pakistan Journal of Psychological Research (PJPR) | 31 (2) | 2016 | X |
| 22 | Psychological Disorders among Prisoners in Pakistan | Journal of Pakistan Psychiatric Society (JPPS) | 14 (1) | 2017 | Y |
| 23 | Cross-Cultural Validation of Dysfunctional Attitude Scale | Pakistan Journal of Social and Clinical Psychology (PJSCP) | 15 (1) | 2017 | Y |
| 24 | Efficacy of Metacognitive Therapy for Patients with Obsessive Compulsive  Disorder | Pakistan Journal of Clinical Psychology | 16 (1) | 2017 | Y |
| 25 | Bullying Behavior in Rural Area Schools of Gujrat, Pakistan: Prevalence and Gender Differences | Pakistan Journal of Social and Clinical Psychology (PJSCP) | 17(1) | 2019 | Y |
| 26 | Sociodemographic Variables and Parental Stress of Children with Autism Spectrum Disorder | Pakistan Journal of Social Issues | Y | 2019 | Y |
| 27 | Translation, Validation and Factor Structure of the Handling Bullying  Questionnaire in Pakistan | Pakistan Journal of Psychological Research | 34 (3) | 2019 | X |
| 28 | Development of an Indigenous Parental Perceived Stress Scale for children with Autism  Spectrum Disorder | Pakistan Journal of Psychological Research (PJPR) | 34 (2) | 2019 | X |
| 29 | Parenting Styles, Moral Identity and Prosocial Behaviors among Adolescents | Current Psychology | [https://d](https://doi.org/10.1007/s12144-020-00609-3) [oi.org/1](https://doi.org/10.1007/s12144-020-00609-3) [0.1007/s](https://doi.org/10.1007/s12144-020-00609-3)  [12144-](https://doi.org/10.1007/s12144-020-00609-3)  [020-](https://doi.org/10.1007/s12144-020-00609-3)  [00609-3](https://doi.org/10.1007/s12144-020-00609-3) | 2020 | IF = 4.29 |
| 30 | Social support, Self-Efficacy, Cognitive Coping and Psychological Distress in Infertile Women | Archives of  Gynecology and Obstetrics | [https://d](https://doi.org/10.1007/s00404-020-05614-2) [oi.org/1](https://doi.org/10.1007/s00404-020-05614-2) [0.1007/s](https://doi.org/10.1007/s00404-020-05614-2)  [00404-](https://doi.org/10.1007/s00404-020-05614-2)  [020-](https://doi.org/10.1007/s00404-020-05614-2)  [05614-2](https://doi.org/10.1007/s00404-020-05614-2) | 2020 | IF=2.49 |
| 31 | Weight Stigma and Disordered Eating Behaviors in Overweight Adolescents: The Mediating Role of  Body Esteem | Eating and Weight Disorders – Steadies on Anorexia, Bulimia  and Obesity | 26(6) | 2020 | IF = 4.65 |
| 32 | The Link between Chronic Pain and Depression in Low Income Country, Pakistan | Journal of Pakistan Medical Association | 71(11) | 2021 | IF = 0.78 |
| 34 | Psychometric Properties of the scale for Emotional Intelligence (Short Form) | Pakistan Journal of Social and Clinical Psychology (PJSCP) | 19 (1) - | 2021 | Y |
|  | Infertility and psychological Distress: Reviewing the effective coping strategies | Psychological : Current Perspectives and Challenges | Book Chapter | 2021 | 251-268 |
| 33 | Personality, Coping Strategies and Quality of Life in patients with Hepatitis C | European Review of Applied Psychology | 73 (3) | 2023 | IF= 1.411 |
| 35 | Integrated Moving on after Brest Cancer and Culturally Adapted Cognitive Behavior Therapy Intervention for Depression and Anxiety among Pakistani Women with Brest Cancer: Protocol of a Randomized Controlled Trial | SAGE Open Medicine | June | 2023 | IF=2.28 |
| 36 | Randomized control trial of a culturally adapted Behavioral Activation Therapy for Muslim Patients with Depression in Pakistan | World Journal of Psychiatry |  | 2023 | IF = 3.5 |
| 37 | Culturally Adapted Psychosocial Interventions (CaPSI) for early Psychosis in a low-resource setting: study protocol for a large multi-center RCT | BJPsychOpen | BMC Psychiatry | 2023 | IF= 4.4 |
| 38 | Adaptation and validation of the West Haven-Yale Dimensional Pain Inventory for Pakistani Population | Journal of Pakistan Medical Association |  | Accepted | IF= 1.002 |
| 39 | Reliability, Validity and CFA for Mindfulness Self Efficacy Scale-R (MSES-R) in Urdu Language | Human Nature Journal of Social Sciences | 4 (3) | 2023 | Y |
| 40 | CFA and validity of SMPD in patients with Panic Disorder | Pakistan Journal of Psychological Research (PJPR) |  | Submitted & Under Review | X |
| 41 | Role of Parenting and Psychosocial Correlates Contributing to Social Anxiety in Asian Adolescents: A Systematic Review | INNOVATIONS IN CLINICAL NEUROSCIENCE | July – Sep  20 (7-9) | 2023 | IF = 0.73 |

**FUNDED RESEARCH PROJECTS**

**Worked as a Manager** for the Research Project on **HIV / AIDS Second Generation Surveillance in Pakistan (2006)** for the Mapping Phase and IBBS Phase conducted in Five Cities of Punjab: Lahore, Multan, Faisalabad and Sargodha **funded by Canadian International Development Agency (CIDA).**

**Worked as a Monitoring Supervisor/ Co Investigator** for the Research Project on HIV / AIDS Second Generation Surveillance in Pakistan (2006) for the Mapping and IBBS Field Work for Lahore City **funded by Canadian International Development Agency (CIDA).**

**Worked on Report Writing** of Mapping and IBBS Phase, for the Research Project on **HIV / AIDS Second Generation Surveillance in Pakistan (2006)** conducted in Five Cities of Punjab: Lahore, Multan, Faisalabad and Sargodha funded by **Canadian International Development Agency (CIDA).**

Worked as a **Principal Investigator** for the Project “**Development of Scale for Emotional Intelligence –Adolescent Version”** funded by University of the Punjab, Lahore.

Worked as a **Principal Investigator** for the Project “**An exploration of Behavioural and Psychological Correlates of Alzheimer’s Disease and Caregivers’ Distress”** funded by University of the Punjab, Lahore.

Worked as a **Principal Investigator** for the Project “**The Effects of Emotional Intelligence, Age, Academic Performance, Work Experience and Conflict Management”** funded by University of the Punjab, Lahore.

Worked as a **Principal Investigator** for the Project “Development of the Manual for SEI – Adult Version**”** funded by University of the Punjab, Lahore.

Worked as a **Principal Investigator** for the Project “Self-Compassion, Mindfulness, Emotional Regulation and Depressive Symptoms in Patients with Depression” funded by University of the Punjab, Lahore.

Worked as a **Principal Investigator** for the Project “Childhood Maltreatment and Self

Esteem in Self-Harm Behaviors (Non Suicidal Self Injury) (completed)

**Worked as Organizer for the Conferences**

# Worked as a Member Organizing Committee for Sixth National Conference of Pakistan Association of Clinical Psychologists (Regd.) held on April 20 -22, 2000.

* **Worked as a Member Organizing Committee** forSeventh National Conference of Pakistan Association of Clinical Psychologists (Regd.) held on April 20- 21, 2002.

# Worked as a Member Organizing Committee for Eighth National Conference of Pakistan Association of Clinical Psychologists (Regd.) held on April 9 - 11, 2004.

* **Worked as a Organizing Secretary** for National Conference on Gender Issues in 21st Century in Pakistan on May 16, 2007organized by Centre for Clinical Psychology, University of the Punjab, Lahore.
* **Worked as a Organizing Secretary** forInternational Conference on Impact of Global Violence on Mental Health: A Challenge for Mental Health Professionalsheld on June 27-28, 2008 organized by Centre for Clinical Psychology, University of the Punjab, Lahore.
* **Worked as a Organizing Secretary** for Two days Workshop on Neurolinguistic Programming & Hypnosis on 31st March – 1st April, 2014) in Collaboration with Pakistan Association for Clinical Psychologists, HEC & Centre for Clinical Psychology, University of the Punjab, Lahore.
* **Worked as a Organizing Secretary** for International Conference of Clinical Psychology: Clinical Psychology Outside Clinic(2nd – 3rd April, 2014) in Collaboration with Pakistan Association for Clinical Psychologists, HEC & Centre for Clinical Psychology, University of the Punjab, Lahore.
* **Worked as a Moderator** at 14th International Conference of Psychology (ICP) The Current Challenges for Psychology: From Crisis to Sustainable Solutions on 19th – 21st March, 2015 organized by Institute of Applied Psychology, University of the Punjab, Lahore in collaboration of Higher Education Commission, Pakistan and Pakistan Psychological Association.
* **Worked as a Chief Organizer** forConference of Psychology (COP 2018) “Impact of Global Challenges on Mental Well-Being held on 6th – 7th July, 2018 organized by Centre for Clinical Psychology, University of the Punjab, Lahore.
* **Worked as a Chief Organizer** forInternational Conference on “Recent Trends & Interventions in Clinical Psychology held on 20th – 22nd March, 2019 organized by Centre for Clinical Psychology, University of the Punjab, Lahore.
* **Worked as a Chief Organizer** forInternational E-Conference on “Psychological Wellness & Rehabilitation: Challenges for Practitioners during Pandemic held on 2nd – 3rd December, 2020 organized by Centre for Clinical Psychology, University of the Punjab, Lahore.
* **Worked as a Chief Organizer** for International E-Conference on “Clinical Practice and Rehabilitation: An Interplay of Mind, Body and Soul held on 8th -9th December, 2021 organized by Centre for Clinical Psychology, University of the Punjab, Lahore.
* **Worked as a Chief Organizer** for International E-Conference on “Trauma, Resilience & Growth: Navigating the Road to Psychosocial Rehabilitation (ICTRG-2022) held on 24th - 25th November, 2022 organized by Centre for Clinical Psychology, University of the Punjab, Lahore.
* **Worked as a Chief Organizer** for International Conference on “Mental Health and Rehabilitation: Innovation and Implementation (ICMHR,2023) held on 19th -21st December, 2023 organized by Centre for Clinical Psychology, University of the Punjab, Lahore.

**Conferences Oral/Poster Presentations**

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| 1 | Paper Entitled:Standardization and Validation of Symptom Checklist – Rpresented at **6th National Conference of PACP** held on April 20-22, 2000. |
| 2 | Paper Entitled:Rehabilitation of Female Schizophrenics: A Review of 8 case Reports and its Implicationspresented at **6th National Conference of PACP** held on April 20-22, 2000. |
| 3 | Paper Entitled: Disasters Impact on Mental Health & Its Psychosocial Rehabilitation presented at **16th International Psychiatric Conference** organized by Pakistan Psychiatric Society and Royal College of Psychiatrists, UK from 16th – 18th December, 2006 |
| 4 | Paper Entitled:The Impact of Parents’ Psychiatric Illness on Adolescents’ Well Being presented at **Two Days International Conference on Impact of Global Violence on Mental Health: A challenge for Mental Health Professionals** organized by Centre for Clinical Psychology, University of the Punjab from 27th to 28th June, 2008. |
| 5 | Paper Entitled:Gender Differences in Religion, Resilience and Symptoms of Psychopathology among Earthquake Survivors presented at **Two Days International Conference on Impact of Global Violence on mental health: A challenge for Mental Health Professionals** organized by Centre for Clinical Psychology, University of the Punjab from 27th to 28th June, 2008 |
| 6 | Paper Entitled:Relationship between Religiosity and Psychopathology presented at **International Conference on Terrorism and Extremism: Social- Psychological Perspectives** organized by National Institute of Psychology, Centre of Excellence, Quaid-i-Azam University, Islamabad from 15th – 17th October, 2008. |
| 7 | Paper Entitled:Parental Acceptance and Rejection and Vulnerability of Adolescents towards Depressionpresented at **International Conference on Developmental Psychopathology: Prevalence, Management & Prevention** organized by National Institute of Psychology, Centre of Excellence, Quaid-i-Azam University, Islamabad from 13th – 15th October, 2009. |
| 8 | Paper Entitled:Personality Traits of Prison Inmate and Their Vulnerability towards Different Psychopathologiespresented at **2009 Congress** organized by The Royal Australian & New Zealand College of Psychiatrists, Adelaide Convention Centre, Australia from 24th – 28th May, 2009. |
| 9 | Paper Entitled:Parenting Styles, Parental Acceptance and Rejection and Vulnerability of Adolescents towards Depressionpresented at **RANZCP 2010 Congress** organized by The Royal Australian & New Zealand College of Psychiatrists at Auckland, New Zealand from 2nd – 6th May, 2010. |
| 10 | Paper Entitled:Psychological Issues and Management of Disaster Victimspresented at **Second International Disaster Management Conference on Good Governance in Disaster Risk Reduction and Climate Change Adaptation** organized by University of Peshawar, Pakistan from 19th – 21st October, 2010. |
| 11 | Paper Entitled:Development of PTSD Symptoms and Vulnerability towards psychopathologies among survivors of Natural Disaster: An analysispresented at **Second International Disaster Management Conference on Good Governance in Disaster Risk Reduction and Climate Change Adaptation** organized by University of Peshawar, Pakistan from 19th – 21st October, 2010. |
| 12 | Paper Entitled:Emotional Intelligence, Psychological Well-Being and Conflict Resolution among Different Professionals Working in PakistanProceedings of Joint Conference of the **17th Annual International Conference on Advances in Management** and **3rd Annual International Conference on Social Intelligence** in July, 2010. |
| 13 | Paper Entitled:Personality Correlates of Runaway Women and their Vulnerability of Depressionpresented at **International Conference of Applied Psychology** organized by Department of Applied Psychology, University of the Punjab, Lahore from 15th – 19th December, 2012. |
| 14 | Paper Entitled:Poly-victimization as a Mediator of Perceived Parental Acceptance Rejection and Quality of Lifepresented at **International Conference of Applied Psychology** organized by Department of Applied Psychology, University of the Punjab, Lahore from 15th – 19th December, 2012. |
| 15 | Paper Entitled:Self-esteem and Frustration Tolerance among Physically Disabled Individuals and their Vulnerability towards Anxiety and Depressionpresented at **International Conference of Applied Psychology** organized by Department of Applied Psychology, University of the Punjab, Lahore from 15th – 19th December, 2012. |
| 16 | Paper Entitled: Value Priorities in Relation to Parental Relationship and Vulnerability towards Psychopathologypresented at **International Conference of Applied Psychology** organized by Department of Applied Psychology, University of the Punjab, Lahore. from 15th – 19th December, 2012. |
| 17 | Paper Entitled:Education: A Factor in Psychological Well- Being and Coping Strategies among Geriatric Populationpresented at **International Conference of Applied Psychology** organized by Department of Applied Psychology, University of the Punjab, Lahore. from 15th – 19th December, 2012. |
| 18 | Paper Entitled:Impact of Parenting Styles and Attachment Patterns on Sibling Relationships presented at the **13th European Congress of Psychology (ECP), Stockholm, Sweden** from 9th – 12th October, 2013. |
| 19 | Paper Entitled: Psychological and Spiritual Well Being in relation to Coping Styles of Pakistani Adolescents **European Health Psychology Society 2013 Abstracts**. |
| 20 | Paper Entitled:Self Schemas and Marital Satisfaction among Depressed Women: The Moderating Role of Marital Schemaspresented at **32nd Annual Conference of International Medical Sciences Academy (IMSACON)** organized by International Medical Sciences Academy at Hotel Holiday Inn, Sukhumvit, Bangkok, Thailand from 11th – 12th October, 2014. |
| 21 | Paper Entitled:Obsessive Beliefs in Patients with Obsessive Compulsive Disorder: The Role of Attachment Styles presented at **14th International Conference of Psychology** organized by Institute of Applied Psychology, University of the Punjab, Lahore from 19th – 21st March, 2015. |
| 22 | Paper Entitled:Attachment Patterns and Anxiety Disorder in Adolescentspresented at **14th International Conference of Psychology** organized by Institute of Applied Psychology, University of the Punjab, Lahore from 19th – 21st March, 2015. |
| 23 | Paper Entitled: Relationship between Emotional Intelligence and Anger presented at **14th International Conference of Psychology** organized by Institute of Applied Psychology, University of the Punjab, Lahore from 19th – 21st March, 2015. |
| 24 | Paper Entitled:Self-esteem and Quality of Life: A Comparative Study of Physically Disabled, Psychiatric and Non Psychiatric Individuals presented at **National Conference on Changing Trends in Clinical Psychology (NCCTCP)** organized by Institute of Professional Psychology, Bahria University, Karachi on 4th June, 2015. |
| 25 | Paper Entitled: Perfectionism, Unconditional Self-Acceptance and Debilitating Emotions among Adolescentspresented at **10th International Conference on Child and Adolescent Psychopathology** at Whitelands College, Roehampton University, London from 20th – 22nd July, 2015. |
| 26 | Paper Entitled:Emotional Intelligence, Personality Traits and Coping Skills in Adolescentspresented at **10th International Conference on Child and Adolescent Psychopathology** at Whitelands College, Roehampton University, London from 20th – 22nd July, 2015. |
| 27 | Paper Entitled:Efficacy of Metacognitive Therapy for patients with Obsessive Compulsive Disorderpresented at **9th SAARC International Psychiatric Conference** from 3rd -6th March, 2016. |
| 28 | Paper Entitled:Attachment Orientation and Symptom Severity in Patients with OCD: The mediating Role of Obsessive Beliefspresented at **9th SAARC International Psychiatric Conference** from 3rd -6th March, 2016. |
| 29 | Paper Entitled:Predictors of Relapse from Patients and Caregivers Perspective in Chronic Illnessespresented at **9th SAARC International Psychiatric Conference** from 3rd -6th March, 2016. |
| 30 | Paper Entitled:Parental Acceptance-Rejection: A factor for the Identification of Poly-Victimization Presented at **6th International Congress on Interpersonal Acceptance and Rejection** organized by International Society for Interpersonal Acceptance and Rejection, Madrid, Spain from 7th – 10th June, 2016. |
| 31 | Paper Entitled:Cyberbullying, Resilience, Psychological Distress and Psychological Wellbeing among AdolescentsPresented at **11th International Conference on Child and Adolescent Psychopathology** at Roehampton University, London from 18 – 22 July, 2016. |
| 32 | Paper Entitled: Psychosocial Predictors of Posttraumatic Growth after Myocardial Infarction Presented at **35th Annual Conference of International Medical Sciences Academy (IMSACON)** at Mauritius from 6th – 8th October, 2016. |
| 33 | Paper presented at **6th International Conference on Psychology of Gender in Perspective: Issues and Challenges** organized by National Institute of Psychology, Centre of Excellence, Quaid-i-Azam University, Islamabad from 1st - 2nd December, 2016. |
| 34 | Paper Entitled: Emotional Intelligence and Difficulties in Emotion Regulation as Predictors of Mental Health in Adolescents presented at **First National Conference on Psychology** organized by Lahore Garrison University from 12th -13th December, 2017. |
| 35 | Paper Entitled:Callus Unemotional Traits, Relational Aggression, Social Alienation and Somatic Complaints in Runaway Adolescentspresented at **International Conference on Health and Well bring** Organized By Department of Applied Psychology, Lahore College for Women University, Lahore from 11th -13th December, 2017. |
| 36 | Paper Entitled:Emotion Dysregulation and Disturbed Eating Patterns in Adolescentspresented at **International Conference on Health and Well bring** organized by Department of Applied Psychology, Lahore College for Women University, Lahore from 11th -13th December, 2017. |
| 37 | Paper Entitled:Parenting Styles and Prosocial Behaviors in Adolescentspresented at **International Conference on Health and Well bring** organized by Department of Applied Psychology, Lahore College for Women University, Lahore from 11th -13th December, 2017. |
| 38 | Paper Entitled:Weight Teasing and Disordered Eating Behaviors in Overweight Adolescents: The Mediating Role of Body Esteempresented at **13th International Neuropsycon** organized by Psychiatric Welfare Association & Pakistan Association of Social Psychiatry from 30th March – 1st April, 2018. |
| 39 | Paper Entitled:Self-Regulation and Impulsive Buying in Young Adultspresented at **1st International Conference on Social Sciences and Humanities** by Kinnaird College for Women, Lahore From 25th -27th April 2018. |
| 40 | Paper Entitled:Parenting Styles, Moral Identity and Prosocial Behaviors in Adolescentspresented at **1st International Conference on Social Sciences and Humanities by Kinnaird** College for Women University, Lahore From 25th -27th April, 2018. |
| 41 | Paper Entitled:Attachment Styles, Emotional Maturity and Risk Taking Behaviors in Intact and Broken Home Adolescentspresented at **Conference of Psychology: Impact of Global Challenges on Mental Well-Being** organized by Centre for Clinical Psychology from 6th -7th July, 2018. |
| 42 | Paper Entitled: Emotional Intelligence, Psychological Well Being and Anxiety Disorders in Adolescentspresented at **Conference of Psychology: Impact of Global Challenges on Mental Well-Being** organized by Centre for Clinical Psychology from 6th -7th July, 2018. |
| 43 | Paper Entitled:Self Esteem and Social Interaction Anxiety in Men with Androgenetic Alopeciapresented at **37th Annual Conference of International Medical Sciences Academy (IMSACON)** organized by International Medical Sciences Academy from 24th -25th August 2018. |
| 44 | Paper Entitled:Mindfulness and Psychological Distress in University Students presented at **International Conference of Applied Psychology: Practices and Interventions** organized by Institute of Applied Psychology, University of the Punjab, Lahore from 6th – 8th February, 2019. |
| 45 | Paper Entitled:Body Image, Emotional Dysregulation and Disordered Eating Behaviors in Overweight Adolescents presentedat **International Conference of Recent Trends and Interventions in Clinical Psychology** organized by Centre for Clinical Psychology, University of the Punjab, Lahore and Higher Education Commission, Islamabad from 20th – 22nd March, 2019. |
| 46 | Paper Entitled:Personality, Resilience and Quality of Life in Patients of Hepatitis Cat **International Conference of Recent Trends and Interventions in Clinical Psychology** organized by Centre for Clinical Psychology, University of the Punjab and Higher Education Commission, Islamabad from 20th – 22nd March, 2019. |
| 47 | Paper Entitled:A Relationship between Attachment Styles, Personality Traits and Autistic Characteristic in Mothers of Children With and Without Autismpresented at **Islamic Perspectives in Modern Psychology** organized by Riphah Institute of Clinical and Professional Psychology, Riphah International University, Lahore from 24th – 26th September, 2019. |
| 48 | Paper Entitled:Lived Experiences of the Recovered Corona Patients: An Exploratory Study at **International E- Conference on Psychosocial Wellness and Rehabilitation: Challenges for Practitioners during Pandemic** organized by Centre for Clinical Psychology, University of the Punjab from 2nd -3rd December, 2020. |
| 49 | Paper Entitled:Efficacy of Voice Rehabilitation on Acoustic, Aerodynamic and Auditory-Perceptual Parameters of Voice in Children with Cleft Lip and Palatepresented at **International E- Conference on Psychosocial Wellness and Rehabilitation: Challenges for Practitioners during Pandemic** organized by Centre for Clinical Psychology, University of the Punjab, Lahore from 2nd -3rd December, 2020. |
| 50 | Paper Entitled:Efficacy of Traditional Articulation Therapy (TAT) for Articulation Errors in Children with Hearing Aidspresented at **International E- Conference on Psychosocial Wellness and Rehabilitation: Challenges for Practitioners during Pandemic** organized by Centre for Clinical Psychology, Lahore University of the Punjab, Lahore from 2nd -3rd December, 2020. |
| 51 | Paper Entitled:Depression and Post Traumatic Stress Disorder in Corona Affected Familiespresented at **International E- Conference on Psychosocial Wellness and Rehabilitation: Challenges for Practitioners during Pandemic** organized by Centre for Clinical Psychology, University of the Punjab, Lahore from 2nd -3rd December, 2020. |
| 52 | Paper Entitled:Stress Management of Caregivers of Children with Autism Spectrum Disorderpresented at **International E- Conference on Psychosocial Wellness and Rehabilitation: Challenges for Practitioners during Pandemic** organized by Centre for Clinical Psychology, University of the Punjab from 2nd -3rd December, 2020. |
| 53 | Paper Entitled:Spirituality, Resilience. Depression and Quality of Life of Dialysis Patientspresented at **International Psychiatric Conferecne** held from 30th July -1st August, 2021. |
| 54 | Paper Entitled:Academic Self-Efficacy, Students Engagement and Psychological Distress in University Students during Covid-19 presented at 8th **International Conference on Mental Health and Productivity: The Challenges for Youth**” held on 21st – 22nd Oct, 2021. |
| 55 | Paper Entitled:Academic Self-Efficacy and Psychological Distress in University Students during COVID-19 presented at **International E-conference on the theme “Clinical Practice and Rehabilitation: The Interplay of Mind, Body and Soul”** held on 8th- 9th December, 2021. |
| 56 | Poster Entitled:Clinical Presentation of Autism Spectrum Disorderpresented at **International E-conference on the theme “Clinical Practice and Rehabilitation: The Interplay of Mind, Body and Soul”** held on 8th- 9th December, 2021. |
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**Workshops Attended**

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| 1 | Workshop on **Therapies with Children** was conducted by Ms. Samina Whales, Clinical Psychologist on 20th February, 1999 at the Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 2 | Workshop on **Designing Research Project**  was conducted by Ms. Urusa Fahim on 23rd June & 30th June, 1999, at the Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 3 | Workshop on **Learning and Development Disabilities: Assessment & Intervention** was conducted by Ms. Maria Callias, Consultant Clinical Psychologist from St. George Hospital, London on 9th & 10th February, 2000 at the Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 4 | Workshop on **WAIS-III** was conducted by Dr. Mazhar Khan, A Clinical Psychologist from the US on 1st March, 2000 at the Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 5 | Workshop on **Cross Cultural Aspects in Psychotherapy** was conducted by Ms. Urusa Fahim on 19th September, 2000 at the Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 6 | Workshop on **Stress and Stress Management Techniques** was conducted by Ms. Saadia Akram-Pall, Clinical Psychologist from Canada on 16th April, 2001 from 2:00- 6:00 pm at the Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 7 | A 3 day Workshop on **Direct Observation as Clinical and research Method** by Dr. Zahid Mehmood, Clinical Psychologist from Scotland on April 23-25, 2002 from 9:00-4:00pm at Department of Special Education, University of the Punjab, Lahore. |
| 8 | Workshop on **Self Hypnosis** by Dr. Aliya aftab, Clinical Psychologist on October 28, 2002 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 9 | Workshop on **Test Construction and Revision** by Dr. Nigar Khawaja, Clinical Psychologist from Queensland University, Australia on December 12, 2002 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 10 | Workshop on **Social Phobia: Assessment and Management** by Dr. Nigar Khawaja, Clinical Psychologist from Queensland University, Australia on December 17, 2002 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 11 | Workshop on **Innovative Treatment Techniques** by Dr. Zahid Mehmood, Clinical Psychologist from Scotland on December 23, 2002 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 12 | Workshop on **Time Management / Planning and Organizational Skills** by Ms. Saddia Akram Pall, Clinical Psychologist from Canada on December 15, 2003 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 13 | Workshop on **Role of Women in Drug Abuse Prevention** by Anti-Narcotics Force (Punjab) on 15-16 April 2005. |
| 14 | Dissemination **Seminar on Neuroscience and Psychology** by Government College University on 9th April, 2005. |
| 15 | National Seminar on **Pakistan’s Population: Challenges and Opportunities** on 13th April, 2005 at University of the Punjab, Lahore. |
| 16 | Workshop on **Quality in Psychological Treatment Services: Reflections and Developments** by Dr. Amra Rao, Clinical Psychologist from UK on February 14, 2006 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 17 | Workshop om **Mapping Techniques** organized by Canada- Pakistan HIV/AIDS Surveillance Project and Punjab AIDS Control Programme on 2-5 August, 2006 at Avari Hotel, Lahore. |
| 18 | Workshop om **Report Writing** organized by Canada- Pakistan HIV/AIDS Surveillance Project and Punjab AIDS Control Programme on 3-4 October, 2006 at Avari Hotel, Lahore. |
| 19 | Workshop om **Integrated Biological and Behavioral Surveillance** organized by Canada- Pakistan HIV/AIDS Surveillance Project and Punjab AIDS Control Programme on 2-10 November, 2006 at Avari Hotel, Lahore. |
| 20 | Four Days Workshop on **Therapeutic Uses of Mental Imagery** by Dr. Anees Sheikh, Clinical Psychologist from Marquette University, Milkwake, Wisconsin, USA on January 8-12, 2007 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 21 | Workshop on **Psychology of Death and Dying** by Dr. Anees Sheikh, Clinical Psychologist from Marquette University, Milkwake, Wisconsin, USA on January 17, 2007 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 22 | Workshop on **Psychology and Spirituality** by Dr. Anees Sheikh, Clinical Psychologist from Marquette University, Milkwake, Wisconsin, USA on January 18, 2007 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 23 | Workshop on **Psychology of Happiness** by Dr. Anees Sheikh, Clinical Psychologist from Marquette University, Milkwake, Wisconsin, USA on January 19, 2007 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 24 | Seminar on **Research Methods** conducted by Dr. John Oyebode and Dr. John Rose on 24th April, 2007 at Department of Psychology, GC University, Lahore. |
| 25 | Seminar on **Intervention for Learning Disability and Dementia** conducted by Dr. John Oyebode and Dr. John Rose on 25th April, 2007 at Department of Psychology, GC University, Lahore. |
| 26 | One Day Orientation Workshop on **ISI Web of Knowledge** on May 10, 2007 organized by Punjab University Library, Lahore. |
| 27 | Workshop on **Research Methodology: From Ideas to Publication** organized by World Psychiatric Association Zone-15 on 24th November, 2007. |
| 28 | Workshop on **CBT for Anxiety Management Using a Manual** organized by World Psychiatric Association Zone-15 on 25th November, 2007. |
| 29 | Workshop on **Rorschach Comprehensive System** by Dr. Ana Maria Tuset Beertran on 2th – 30th November 2007 at Frontier Women University, Peshawar. |
| 30 | **Faculty Orientation Program** 2008 organized by Human Resources Development Centre, University of the Punjab, Lahore. |
| 31 | Workshop Series of seven days on **Imagery in Clinical Practice** by Dr. Jan Taal, Imagery Therapist from Netherlands on February 20-28, 2008 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 32 | One day workshop on **Place of Formulation in Psychotherapy** by Dr. Amra Rao, Clinical Psychologist from UK on March 19, 2008 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 33 | Workshop on **What does it take to lead?** by Dr. Amra Rao, Clinical Psychologist from UK on April 1, 2008 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 34 | Training Workshop on **Research Methodology: Information Resourcing and Research Proposal Development f**rom 15- 16 June, 2008 at Department of Psychology, University of Peshawar. |
| 35 | Workshop on **Neurolinguistic Programming** by Lord Dr. Shaukat Nawaz Khan, Chairman, British Pakistani Foundation in UK on March 2-3, 2009 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 36 | Workshop on **Strategic and Provocative Treatment of the Anxiety Disorders** by Dr. Reid Wilson, USA on 29th – 30th May, 2009 at Melbourne, Australia organized by PsychOz Institute, Melbourne. |
| 37 | Workshop on **People Soft Campus Solutions v9.0** by Techlogix on April 6-8, 2009 at University of the Punjab, Lahore. |
| 38 | Workshop on **Managing Research Projects: The Effective Ways”** organized by University of Veterinary and Animal Sciences & Institute of Research Promotion on August 19-20, 2009 at University of Veterinary and Animal Sciences, Lahore. |
| 39 | Workshop on **Eidetic Model of Growth in People with Intellectual Disability & Associated Issues** on December 15-17, 2009 organized by Department of Psychology GC University, Lahore in collaboration with Image Analysis Institute, New York, USA. |
| 40 | Workshop on **Data Analysis in Qualitative Research** by Dr. Urusa Fahim, Clinical Psychologist from US on May 5, 2010 from 10:00 am to 2:30 pm at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 41 | Two Days Workshop on **How to get published in High Impact Research Journals and Conferences** organized by Institute of Business & Management, University of Engineering & Technology, Lahore on October 1-2, 2010. |
| 42 | Three days workshop on **Significant Association of Conduct Disorder and Parental Discord** on 18- 20th April , 2011 at Centre for Clinical Psychology, University of the Punjab, Lahore on December 19-21, 2011. |
| 43 | Three Days Workshop on **Primary Certification in REBT** organized by Pakistan Association for Clinical Psychologists in Collaboration with Centre for Clinical Psychology, University of the Punjab, Lahore on December 19-21, 2011. |
| 44 | One Day Training Workshop on **NVIVO 9 Software for Qualitative Analysis** by Mr Rab Nawaz Lodhi on May 12, 2012 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 45 | Two Days Workshop on **Counseling Skills** by Dr I. N. Hassan on May 17-18, 2012 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 46 | Workshop on **Designing Qualitative Research** by on May 13th December, 2012 at Centre for Clinical Psychology, University of the Punjab, Lahore. |
| 47 | Workshop on **Screening for Depression and Planning Mental Health Interventions for People with Diabetes** by Prof. Dr Jorg Huber from UK on December 16, 2012 at International Conference of Applied Psychology (ICAPP) 2012. |
| 48 | One Day workshop on **Brief Trauma Therapy** on 31st December, 2014 organized by Centre for Clinical Psychology, University of the Punjab, Lahore, Pakistan. |
| 49 | Five Days **Indigenous on-Campus Training Program for Management Team** on December 1 to 5, 2014 organized by University of the Punjab in collaboration with Higher Education Commission. |
| 50 | Seminar on **Quality Assurance in Education** organized by Quality Enhancement Cell, University of the Punjab and PIQC Institute of Quality on 3rd April, 2015. |
| 51 | **Additive Behavior in Global Perspective** organized by Pakistan Institute of Living and Learning. |

**RESEARCH SUPERVISION OF PH.D IN CLINICAL PSYCHOLOGY**

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| **Sr. #** | **Students’ Name** | **Title of Research** | **Year** |
| 1 | Ms. Farzaneh Fouladger | Dysfunctional Attitude and Performance Anxiety among University Students from Iran and Pakistan | Awarded in 2019 |
| 2 | Noreena Kausar | Stress Management of Caregivers of Children with Autism Spectrum Disorder | 2019 |
| 3 | Namra Shahzadi | Addressing Bullying Behaviors in Schools An Intervention Plan for Teachers and Children | 2020 |
| 4 | Hira Liaquat | Psychosocial Correlates of Chronic Pain and effectiveness of Focsuing Oriented Therapy (FOT) in its Management | Synopsis approved through ASRB |
| 5 | Ayesha Shahid Sheikh | Correlates of Panic Disorder and its Management with Mindfulness Integrated Cognitive Behavior Therapy (MiCBT) | Synopsis approved through ASRB |
| 6 | Uzma Ilyas | Psychological Correlates of Social Anxiety and Therapeutic Efficacy of Acceptance Commitment  Therapy (ACT)in Social Anxiety Treatment | Synopsis approved through ASRB |
| 7 | Alina Naveed | Development of Symptom Checklist of Dysfunctional areas in Premenstrual Dysphoria Disorder: Efficacy of Cognitive Behaviour Therapy in Treatment of PMDD | Synopsis approved through ASRB |
| 8 | Sara Asad | Effectiveness of Group Psychoeducational Intervention to Increase Intentions to Seek Psychological Counseling in University Students | Synopsis approved through ASRB |
| 9 | Iqra Sahar | Efficacy of Cue Centered Therapy (CCT) in Exposed Adolescents of Interpersonal Violence | Synopsis approved through ASRB |